

Tulsa Youth Rowing Association Code of Conduct The content of this document is intended to act as a framework for all athletes affiliated with the Tulsa Youth Rowing Association. It is by no means exhaustive and exists to supplement the guidelines contained in the Athlete/Parent Handbook. These rules are designed to keep the program running smoothly. I agree that as a member of a competitive rowing team, I am expected to: Be a team member, treating my coaches, teammates, and competitors with respect. Be familiar with and adhere to the Tulsa Youth Rowing Association safety rules Be familiar with and adhere to policies contained in the Athlete/Parent Handbook, including attendance. Arrive on time with the correct attire to all practices and other Team events. Give my best effort at all times. Further, I agree to abide by and honor the TYRA Code of Conduct and will:

- 1) Refrain from taking part in any behavior that negatively affects the team or reflects negatively on TYRA.
- 2) Refrain from unsportsmanlike behavior, including fights, threats, taunts, menacing, or derogatory comments toward a competitor, coach, referee, or teammate.
- 3) Not engage in the use of alcohol, tobacco or illegal drugs, or be in the possession of weapons. I have also read the discipline, drug and alcohol policy in the handbook and agree to the policies contained within the TYRA handbook and I am aware of the consequences that will be applied if violations occur. I understand that the Club may request drug tests on all athletes and that failing this test may have negative consequences.
- 4) Support the team captains and the leadership council appointed by the coaches.
- 5) Not be in the boathouse without a coach or authorized adult present to supervise.
- 6) Refrain from public displays of affection during practices and competitive events.
- 7) Treat the boathouse space and equipment with respect and care.
- 8) Remain at practice until my boat, oars, ergs and all other relevant equipment have been safely stored in the boathouse and permission has been given by a coach to depart.
- 9) Report equipment damage to a coach at the time of damage or as soon after as possible.
- 10) Refrain from talking in the boat at practice.
- 11) Ensure all personal possessions and trash are cleared at the end of practice and/or Team events.
- 12) Drive no faster than 10 mph and use caution anytime I am driving in the River Parks, Tulsa & Rogers Point Park, Catoosa parking lots.
- 13) Wear approved uniform while traveling and at regattas with no alterations.
- 14) Abide curfew and travel policies, and respect the authority of chaperones that travel with the team.
- 15) Behavior at practice must be consistent with that of personal and team safety. This includes activities in the boats, on land, in the parking lots, while traveling, and for all team functions.
- 16) I agree to abide by team rules concerning times of restriction to hotel rooms, and other rules of personal conduct. No boys in girls rooms, no girls in boys room unless accompanied by a coach or parent.
- 17) TYRA rowers and coaches who access social networking sites (Facebook, Twitter, etc.) should act responsibly and show respect for the rights and feelings of others. Gossip, insults, and inappropriate pictures or comments about others, especially teammates and coaches, are prohibited. Rowers should exercise appropriate discretion when using social networks for personal communications with the knowledge that behavior on social networks may be available beyond any intended audience and may result in disciplinary action. Failure to follow these rules may result in consequences up to and including dismissal from the program with no refund of dues. In the event of a violation, disciplinary action will be handled at the discretion of the Head Coach with input from the coaching staff. In extreme cases, a review board may also be involved.

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